I. Catalog Information

COUN 80W Special Topics in Counseling 0 1/2 Unit(s)

COUN 80X 1 Unit(s)
COUN 80Y 2 Unit(s)
COUN 80Z 3 Unit(s)

Advisory: English Writing 211 and Reading 211 (or Language Arts 211), or English as a Second Language 272 and 273.

(Any combination of Counseling 80W, X, Y, Z may be taken up to six times, not to exceed 18 units, as long as the topics/projects are different each time.)

One hour lecture for each unit of credit.

Selected counseling topics with a focus on academic and personal development.

II. Course Objectives

A. Demonstrate understanding of selected counseling topics with focus on goal attainment in academic and personal development.

B. Examine and analyze how topical information relates to personal decision-making.

C. Apply and integrate principles for personal adoption.

III. Essential Student Materials

None

IV. Essential College Facilities

None

V. Expanded Description: Content and Form

A. Demonstrate understanding of selected counseling topics with focus on goal attainment in academic and personal development.

1. Analyze selected topics to understand how issues and principles affect academic and personal development.

2. Explore cultural implications of issues and principles.

B. Examine and analyze how topical information relates to personal decision-making.

1. Examine factors that influence personal decision-making including culture and worldview.

2. Assess and explore personal cultural congruence with topics, principles, and issues.

3. Analyze and identify principles for personal adoption.

C. Apply and integrate principles for personal adoption.

1. Identify specific developmental goals.

2. Examine and apply strategies for successful integration of principles.

3. Develop a plan that synthesizes decision-making, learned principles, and personal cultural context.

VI. Assignments

A. Reading

1. Required text readings

2. Selected readings from supplemental readers, periodicals, or handouts.

B. Writing
1. Journal
2. Essay

C. Other
1. Student projects
2. Informational interviews
3. Values clarification assessments
4. Presentations
5. Group projects
6. Internet research

VII. Methods of Instruction
- Lecture and visual aids
- Discussion of assigned reading
- In-class essays
- Homework and extended projects
- Guest speakers
- Collaborative learning and small group exercises
- Collaborative projects
- Discussion and problem solving performed in class

VIII. Methods of Evaluating Objectives
A. Participation in class discussion
B. Presentation: Individual or group
C. Final project based on topic
D. Journal and essay writing

IX. Texts and Supporting References
A. Examples of Primary Texts and References
   1. Texts and supporting references will vary with the topic and the instructor
B. Examples of Supporting Texts and References
   1. None